

Frequently Asked Questions

Please review this important information.

What kind of doctors are the practitioners at Creation's Own?

Jeff Bradstreet, MD and Dan Rossignol, MD are fellows of the American Academy of Family Physicians. Dr. Bradstreet is also licensed as a Medical Doctor of Homeopathy in Arizona. Their focus is treating patients with autism spectrum disorders, PDD, and related neurological and developmental disorders. Specifically, they assess and treat the underlying medical problems most commonly seen in children with autism, through the use of measured biomarkers. Some of the more prevalent abnormalities that are evaluated include oxidative stress, decreased methylation capacity and limited transsulfation, increased toxic burden, immunological dysregulation, and central nervous system hypoperfusion. For a better understanding of the use of biomarkers to define treatment options, please read our [Overview](#).

What will happen during the first appointment?

At the time of the first visit, the doctor will do a comprehensive health history, may do a physical examination (if applicable), and will make recommendations for diet as a foundation and nutritional supplements as therapeutic agents. He will recommend some laboratory tests involving blood, stool, and/or urine that include some conventional and non-conventional studies, along with some nutritionally oriented studies that are unique to this approach.

Are the lab tests done at the time of the first appointment?

In most cases, the laboratory tests may be done or ordered at the time of the first appointment. It is not necessary that the patient fast unless prearranged.

Is payment due in full the day services are rendered?

Yes. All office charges, for services and/or treatments rendered, require payment at the time of the services. Some of the labs require payment the day they are drawn, while others can either be prepaid at a discounted price or billed directly to your insurance. Check, cash, VISA, MasterCard, Discover and American Express are accepted.

What are the charges?

You may obtain a Physician fee list by emailing Christina@icdrc.org. Please review it carefully. This also includes a fee list for particular laboratory facilities that we use frequently; however, their fees may be subject to change without notification.

Will insurance cover any of these services?

Neither the office nor our in-house lab files insurance claims. Patients are asked to pay for all services in full the day services are rendered and file their own health insurance coverage, if they choose. Outside Lab facilities may accept insurance. We will require a copy of **both sides** of your insurance card(s) for referral to these services. Insurance usually covers only a limited portion of our services, if at all. Depending on your policy, the services that may be covered are the conventional services and those not covered are the nutritionally oriented, non-conventional services. You will be given an invoice/receipt that is user friendly for filing your claim along with HICFA forms at your request. We **are not** Medicaid or Medicare Providers.

Please note: It is your responsibility to follow your claim. Any requests received at the office from an insurance company for more information **are not** processed without parent consent, as there are

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fees incurred by the parent. Letters written on behalf of the patient will be billed at a rate of \$15-\$35. The fee for copying records is twenty-five cents per page. There is a minimum \$15 fee charged for insurance requests.

How much time should be allowed for the first visit?

Please allow 2+ hours in our office for the first visit as this allows for checking in, time spent with the doctor, in-house labs or procedures, and checking out. ***Please check in 15 minutes before the actual appointment time.*** If your first appointment is a phone consult, please allow 1 hour. You should call us two minutes before the scheduled time of your phone consult.

What is Creation's Own's cancellation policy?

You will find the **Cancellation Policy** and a **form** requiring your signature as part of this packet.

What information does the doctor need before my first appointment?

The doctor will need the following information at least **3 weeks before your first appointment**, as this gives him time to become familiar with the patient's medical history. Please submit your child's labs and hospitalization records that pertain to the reason for seeing us **ONLY**; Immunization Records; EEG, QEEG and MRI's (the reports only); an original diagnosis; recent evaluation(s) by a doctor, school or therapist; and legal forms included in this packet. For your convenience, a list is provided in the [cover letter](#) of this packet.

How often should we come back?

We will schedule you for a routine initial follow-up appointment, either in office or by phone, about six weeks after your first consult. The exact scheduling will be determined by the labs that were ordered, to allow time for us to receive the results prior to your appointment. At that time your physician will review your lab tests and discuss with you your child's response to his initial recommendations. A second follow-up visit is usually suggested within the following 3-6 weeks for maintenance, yet scheduling may be individualized.

Why should we use nutritional supplements?

The nutritional supplements are vitamins, minerals, and other natural substances in pill, powder, or liquid form that the doctor uses as therapeutic agents to improve the biochemical functioning of the body. Your practitioner may recommend a number of different supplements, depending on your child's needs. If your child is currently taking nutritional supplements, your doctor will review your program and recommend any changes he thinks necessary. Most recommended supplements are available from Creation's Own's [on-line store](#) or by calling the Creation's Own office. There is a 5% discount for ordering on-line.

Does the doctor prescribe drugs?

Yes, prescription medications are used as needed. Each patient's medical needs are managed individually according to his/her history and biomarkers.

What hospital does the doctor work with?

The Medical Staff at Creation's Own are strictly outpatient. We do not maintain hospital privileges. We recommend that you maintain contact with a family physician or other doctor(s) for well-child visits or in the event of a need for hospitalization. Otherwise, we would recommend the emergency room facility.

Are there other ways of getting further information about Creation's Own and its medical approach?

Our physicians give frequent public education presentations. This is an excellent way to see who our doctors are, get a better understanding of their approach, and have general questions answered. Please visit our website at www.icdrc.org to see our physicians' speaking schedules and view some of their recent presentations.